



## SABA T-Ball Rules

Coaches: There will be one head coach (pitcher) and up to 4 additional coaches per team (2 base coaches, 1 behind the plate (catcher), and 1 monitoring the bench and line up)

### General Rules

- 1) There will be 30 minutes of practice time prior to the game, followed by three innings of play. If innings are finished in less than one hour, please play an additional inning to have a minimum of one hour of play.
- 2) Home Team will utilize the bench on the first base line. Visitors Team will utilize the bench on the third base line.
- 3) Home Team will be responsible for lining the field, putting out the bases. Home Team is responsible for postgame field maintenance & returning all items to lock box. Keep the box locked at all times.
- 4) Winning or losing is not to be emphasized.
- 5) Only coaches will be permitted on or near team benches.
- 6) Only adults may be used as base coaches.
- 7) Base coaches will be responsible for umpiring the base they are positioned.
- 8) All players must remain on the bench while their team is batting. Please do not encourage your players to sit with friends or relatives in the stands.

### Offensive rules:

- 1) Each player will bat every inning, regardless of the number of outs.
- 2) Batting order needs to change for each inning so that the same players are not batting first/last each inning.
- 3) Each batter will be thrown a max of 4 pitches. If after 4 pitches, the player has not hit the ball into fair territory then the player will hit from a tee that will be brought out by the coach working home plate.
- 4) The ball must have traveled 10 feet or it is foul. Coaches will place a semi-arched line **10' from home plate and reaching from the third base to the first base line.**
- 5) The inning will be completed after every batter on the offensive team has batted.

- 6) Base runners will not be permitted to advance on an overthrow.
- 7) Base runners will be limited to a single on balls that remain short of the outfield grass.
- 8) If the ball is hit more than 20 feet past the baseline without being touched by a player (basically, if the ball gets to the grass in the outfield) the runner can run 2 bases, with or without the tee. It does not have to be a fly ball. If a player has the ball, the runner should stay at 1<sup>st</sup>. The runner may be tagged out.
- 9) If a runner is out - then the player must return to the bench.
- 10) The play stops when the ball reaches the infield.
- 11) All players who are not batting or next to bat will remain on the bench in order of the batting order. Only the batter on deck and batter will be allowed to hold a bat. All bats will be placed on the fence until ready to use. This is done due to safety reasons - please help us enforce this rule!

#### Defensive Rules:

- 1) The entire team will play defensively. All infield positions will be filled except the catcher (which will be filled by a coach).
- 2) A coach (adults only) will pitch to his/her team. A defensive player will be placed along side of the pitching coach to make defensive plays. This child must also wear helmet.
- 3) A coach (adults only) will catch for his/her defensive team. The adult catcher will be responsible to make the plays at home plate.
- 4) Defensive positions will be rotated each inning.
- 5) Coaches will be permitted on the field to assist in the directing of the defensive players.
- 6) "Chatter" will not be permitted by the defensive players.
- 7) The infield fly rule will not apply.
- 8) The players will stay on the field until the last batter crosses home plate.
- 9) **Pitcher can move to the catcher's position** only after the last batter bats to tag out the runners going home.
- 10) All common rules of baseball apply unless otherwise addressed above.