

Dear Current and Prospective Youth Football Families,

Though you've just begun your summer, we're already planning for the return the youth tackle football in August. Along with the other members of the [South Hills Youth Football League](#), we are closely monitoring the COVID-19 pandemic and we are responding accordingly. We are evaluating our program from start to finish to make sure that everything will be compliant with COVID-19 guidelines. This may result in procedural and rule changes, and because this is a moving target, we'll communicate any changes to you as they happen. Our primary goal is to offer our children a worthwhile athletic experience while diligently exercising care to protect them and their families.

We will begin the season on July 21st with our annual *Practice Like a Champion* camp, a no-equipment-required, two-evening session for kids of any experience level to practice the fundamentals of football. As usual, [Century Sports](#) will be onsite to assist with purchases of any equipment that your player will need for the fall. The 2020 season will begin between August 15th and 17th, starting with heat acclimation practice and following with full pad practices until the first scrimmage games on August 29th. The first games of the season will be on September 5th. Be certain to take your vacations, no players will be penalized.

Below, you'll find the links to register for both the *Practice Like a Champion* camp and the 2020 youth tackle football season. Both programs are open to kids who will be in first through sixth grade for the 2020/2021 school year. The fee to participate in the camp is \$25, and the fee to participate in youth football is \$195 at all age levels. We realize that this is an increase from previous years, but we are no longer able to cover the program expenses without an increased fee. All of our coaches and program administrators are volunteers, so the cost of registration is used solely for field usage, uniforms, and other operational costs. You'll also find below several useful links to the MLFA website, including information for new players, a contact form for submitting any questions, and a video explaining the *Heads Up Football* approach to game safety practiced by the MLFA and SHYFL.

Among the many challenges of responding to COVID-19, we did not have the usual opportunity to promote our program through the elementary schools as the year drew to its close. More than ever, we appreciate your help in spreading the word about our program. Please forward this email to anyone you think would be interested in learning more about Mt. Lebanon Youth Football, and please share your experiences about the positive effect football has had on your child. Our program stresses self-discipline, teamwork, concentration, friendship, leadership, and most importantly, good sportsmanship. We believe these lessons will be of value to our players far beyond these playing days.

I wish you a fun and relaxing summer, and I look forward to seeing our players on the football field this fall!

Chip Dalesandro
President
Mt. Lebanon Football Association

- [Registration](#) for *Practice Like a Champion* and/or 2020 Youth Football
- [Information for new players and their families](#)
- Video: [The Heads Up Football Program for player safety](#)
- Questions? [Contact us through the MtLebanonFootball.com website](#)